

Oatmeal + Whey - 2 lb

Caramelized Popcorn Naturally and Artificially Flavored
Commercial Brand : Prozis

NUTRITION FACTS

Servings per container About 16

Serving size: 1/2 cup(s) (55 g)

Amount per serving	% Daily Value*
Calories 210	
Total Fat 3.5 g	4%
Saturated Fat 1.0 g	5%
Trans Fat 0 g	
Cholesterol 40 mg	13%
Sodium 55 mg	2%
Total Carbohydrate 27 g	10%
Dietary Fiber 4 g	14%
Total Sugars 2 g	
Includes 0g Added Sugars	0%
Protein 17 g	34%
Vitamin D 0 mcg	0%
Calcium 300 mg	23%
Iron 12.6 mg	70%
Potassium 1460 mg	31%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Whole Oat powder, Whey Protein Concentrate(Whey Protein Concentrate,Lecithin),Natural and Artificial Flavors, Caramel (Color), Sucralose.

Contains: Milk.Manufactured in a facility that also processes eggs, wheat and soybeans.

Instructions: Add 1/2 cup (55 g) to 4 fl oz of boiling water. You can adjust these amounts to your preference. This product can also be used as a recipe ingredient.

Store in the original packaging in a cool, dry place, away from direct sunlight.

Lot/Best By: See packaging

Distributed by:
PRZ NOW LLC
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2.0 lb (907 g)



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Made in Portugal