

Essential Multivitamin 90 capsules

Dietary Supplement

Commercial Brand : Prozis

SUPPLEMENT FACTS

Serving size: 3 capsule(s)

Servings per container 30

Amount per serving	% Daily Value
Vitamin A (as beta-Carotene) 1280 mcg	
Vitamin C (as Ascorbic Acid) 152 mg	169%
Vitamin D (as Cholecalciferol) 14.5 mcg	72%
Vitamin E (as DL-Alpha-Tocopheryl Acetate) 62.8 mg	419%
Vitamin K (as Phylloquinone) 120.3 mcg	100%
Thiamin (as Thiamin Hydrochloride) 2.39 mg	199%
Riboflavin 2.72 mg	209%
Niacin (as Nicotinamide) 30.1 mg	188%
Vitamin B6 (as Pyridoxine Hydrochloride) 6.89 mg	405%
Folate 608 mcg	152%
Folic Acid 364.6 mcg	182%
Vitamin B12 (Cyanocobalamin) 5.36 mcg	214%
Biotin 108.7 mcg	362%
Pantothenic Acid 11.6 mg	233%
Iron (as Ferrous Fumarate) 20.2 mg	112%
Iodine (as Potassium Iodide) 314 mcg	209%
Magnesium (as Magnesium Oxide) 250 mg	60%
Zinc (as Zinc Oxide) 14.4 mg	131%
Selenium (as Sodium Selenite) 113 mcg	205%
Copper (as Copper Gluconate) 3.85 mg	429%
Manganese (as Manganese Gluconate) 2.0 mg	88%
Chromium (as Chromium Picolinate) 103.8 mcg	297%
Molybdenum (as Sodium Molybdate) 64.5 mcg	143%

Other Ingredients: Microcrystalline Cellulose, Gelatin, Calcium Phosphates, Magnesium Salts of Fatty Acids, Silicon Dioxide, FD&C Blue#1, Synthetic Iron Oxide (Color).

Directions: Take 3 capsules a day.

Warning: Niacin may cause a harmless, temporary tingling or flushing sensation. Not intended for individuals under the age of 18. Consult a qualified healthcare professional before taking this product if you are pregnant, nursing, taking medication, or have a medical condition. Immediately discontinue use and contact a qualified healthcare professional if any adverse reactions occur. Discontinue 2 weeks prior to surgery. Keep out of reach of children. Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Store in the original packaging in a cool, dry place, away from direct sunlight.

Lot/Best By: See packaging

Distributed by:

PRZ NOW LLC

Sunrise, FL, 33325

90 capsule(s)



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Made in Portugal