

**B Complex 90 tablets**  
**Dietary Supplement**  
Commercial Brand : Prozis

# SUPPLEMENT FACTS

**Serving size: 1 tablet(s)**  
Servings per container 90

Amount per serving	% Daily Value
Thiamin (as Thiamin Hydrochloride) 1.40 mg	117%
Riboflavin 1.60 mg	123%
Niacin (as Nicotinamide) 18 mg	113%
Vitamin B6 (as Pyridoxine Hydrochloride) 2 mg	118%
Folate 335 µg	84%
Folic Acid 200 µg	100%
Vitamin B12 (as Cyanocobalamin) 2.50 µg	104%
Biotin (as D-Biotin) 150 µg	500%
Pantothenic Acid (as Calcium D-Pantothenate) 6 mg	120%

**Other Ingredients:** Calcium Phosphates, Microcrystalline Cellulose, Coating (Hydroxypropyl Cellulose, Hydroxypropyl Methylcellulose, Magnesium Silicate, Calcium Carbonate (Color), Synthetic Iron Oxide (Color), Magnesium Salts of Fatty Acids, Silicon Dioxide.

**Directions:** Take 1 tablet twice a day with a meal.

**Warning:** Niacin may cause a harmless, temporary tingling or flushing sensation. Not intended for individuals under the age of 18. Consult a physician before taking this product if you are pregnant, nursing, taking medication, or have a medical condition. Immediately discontinue use and contact your physician if any adverse reactions occur. Discontinue 2 weeks prior to surgery. Keep out of reach of children.

Keep in the original packaging in a cool, dry place, avoiding direct sunlight.

Lot/Best By: See packaging

**Distributed by:**  
**PRZ NOW LLC**  
Plantation, FL, 33324

90 tablet(s)



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**Made in Portugal**