

# Energy Charge - Endurance Pre-Workout 16 servings -

## PRE-WORKOUT FORMULA

Orange Naturally Flavored

Commercial Brand : Prozis

# SUPPLEMENT FACTS

Serving size: 1 scoop(s) (50 g)

Servings per container 16

Amount per serving	% Daily Value*
<b>Calories</b> 190	
<b>Total Carbohydrate</b> 32 g	<b>12%</b>
Total Sugars 16 g	
Includes 15g Added Sugars	<b>30%</b>
<b>Protein</b> 17 g	<b>34%</b>
Vitamin A (as Retinyl Acetate) 400 mcg	44%
Vitamin C (as L-Ascorbic Acid) 80 mg	89%
Vitamin D (as Cholecalciferol) 2.5 mcg	13%
Vitamin E (as DL-Alpha-Tocopheryl Acetate) 6 mg	40%
Thiamin (as Thiamin Hydrochloride) 0.55 mg	46%
Riboflavin 0.70 mg	54%
Niacin (as Nicotinamide) 8 mg	50%
Vitamin B6 (as Pyridoxine Hydrochloride) 0.70 mg	41%
Folate 165 µg DFE	42%
Folic Acid 100 mcg	50%
Vitamin B12 (as Cyanocobalamin) 1.25 mcg	52%
Biotin 25 mcg	83%
Pantothenic Acid (as Calcium D-Pantothenate) 3 mg	60%
Magnesium (as Magnesium Citrate) 145 mg	35%
Sodium (as Trisodium Citrate) 370 mg	16%
Potassium (as Potassium Citrate) 510 mg	11%
BCAAs 2:1:1 4.0 g	†
L-Leucine,L-Valine,L-Isoleucine	
Creatine Monohydrate 3.0 g	†
beta-Alanine 1.5 g	†
L-Arginine 1.3 g	†
Taurine 1.0 g	†
L-Citrulline L-Malate (1:1) 1.0 g	†
L-Carnitine Tartrate 1.0 g	†
Digezyme® Multi-Enzyme Complex (Maltodextrin, alpha-Amylase, Neutral Protease, Cellulase, Lactase, Lipase) 251 mg	†
Pomegranate (Punica granatum) Juice 500 mg	†
Caffeine (Anhydrous) 100 mg	†

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily value not established.

**Other Ingredients:** Sucrose, Maltodextrin, Natural Flavor, Citric Acid, Lecithin, beta-Carotene (Color), Silicon Dioxide.

**Contains:** Wheat.Manufactured in a facility that also processes milk, eggs and soybeans.

**Directions:** As a dietary supplement, take 1 serving 30-60 minutes before training. As a dietary supplement, add 1 scoop (50 g) of powder to 10 fl oz of water. Shake well and enjoy! Scoop inside container.

**Warning:** This product contains 100 mg of caffeine per serving. Avoid taking this product along with other caffeinated products if you are sensitive to caffeine, as it may cause nervousness, irritability, sleeplessness, and occasionally a rapid heartbeat. Not intended for individuals under the age of 18. Consult a physician before taking this product if you are pregnant, nursing, taking medication, or have a medical condition. Immediately discontinue use and contact your physician if any adverse reactions occur. Discontinue 2 weeks prior to surgery. Keep out of reach of children. Contents sold by weight not volume. Some settling may occur.

Keep in the original packaging in a cool, dry place, avoiding direct sunlight.

Lot/Best By: See packaging

**Distributed by:**  
**PRZ NOW LLC**  
Sunrise, FL, 33325

28.2 oz (1.8 lb)800  
g



Made in Portugal

